

Effective Trainings for MTSS

Effective training is important for successful implementation of a multi-tiered system of supports (MTSS). Examine these tips to ensure evidence-based practices and adult-learning principles are used during training events.

Key Questions

Ask these questions before planning a training event:

1. What is the learning objective for attendees (i.e., what will educators be able to do after the training)?
2. What should students learn or be able to do as a result of their teachers being trained?

Tips for Effective Trainings



Outline clear objectives for attending staff. What will they be expected to do after the training, such as administer a screening tool, use an intervention program, or embed effective reading practices into their core instruction?



When appropriate, include rationale for learning the skill and research behind its use (i.e., provide the why along with the what).



Prioritize practice and application of learned skills in training.



Outline clear steps for use of the training content. When, where, and how often are staff expected to use the training content after the training?



Use activities in which attendees practice and apply the training content to their context.



Provide sufficient time for attendees to reflect on the content and discuss with each other, including its application to their setting.



Leverage attendees' expertise by having them share their experiences and insights.



Provide follow-up support after the training to ensure staff master and use the training content effectively.



Outline a feasible plan to gather data on the extent to which staff are using the training content as planned (i.e. fidelity) and the impact for staff/students/families.

Need help with MTSS implementation?

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